

# Labeled Binding

1. Cut binding length needed by width desired. I use 2-1/4"..
2. Press in half, wrong sides together. Open one end and fold it in it at a 45 degree angle, press. Trim off the resulting triangle, leaving a 1/4" seam allowance. Refold strip in half.
3. Embroider your information on the label:  
Insert a small piece of something for a stabilizer. I use a piece of thin fabric. Set your machine up for whatever wording you'd like to have on the binding. I use only my name, town, state and the date. Don't make this too long. Put the pointed end of the binding in the machine, back side up. The back side is the side that does not show the folded angle. Align your fabric so that you will be stitching close to the edge with the fold to the right, and about 8-10 inches from the point. Stitch your wording. This could also be hand embroidered through just the front side if you would prefer or do not have an embroidery function on your machine.
4. Lay the binding on the edge of the quilt, open edge to the right and the angled cut showing. I like to place it so that the beginning is on the side near the bottom right corner of the quilt, placing it so that the wording is around that first corner and is stitched in place with the wording on the bottom edge of the quilt. When completed, the wording should be on the back side of the bottom right corner of the quilt.
5. Stitch the binding in place in the usual manner, STOPPING before you stitch the end to the beginning. Do not yet overlap the end and the start.
6. Trim off any excess, trimming to a point on the opposite angle from the starting point. The two ends should point in opposite directions and be overlapping just enough that one point fits inside the other. Trim a little at a time to be sure you don't cut off too much. I lift my presser foot, but not the needle, so that I can swivel the binding enough to cut at the correct angle.
7. Tuck the ending point into the beginning point and then finish stitching down the binding.
8. Turn, press, and finish with your usual technique.

Feel free to take a picture of the sample board so that you may refer back to it later.